

R1 BILLION in savings

with **SPAR** Rewards

24 FEB - 21 APR 2025



That's why
we SHOP at
SPAR

AS SEEN ON TV

Nescafé
Classic Coffee Jar
Assorted
200 g
or
Doy Pack
230 g
(excl. Decaf)

99⁹⁹ each

Save **30**
WITH RewardsCARD

As good as the best for less

SPAR
UHT Long Life Milk
Full Cream Only
1,5 litre

BUY 3 FOR **66⁰⁰**

WITH RewardsCARD

As good as the best for less

SPAR
REFINED
WHITE SUGAR

SPAR
Refined
White Sugar
2,5 kg

57⁹⁹ each

WITH RewardsCARD

As good as the best for less

SPAR
Sunflower or
Canola Oil
2 litre

64⁹⁹ each

WITH RewardsCARD

As good as the best for less

Biggest Food Retailer in the Eastern Cape

AS SEEN ON TV

SPAR
IQF
Chicken
Mixed Portions
4 kg

149⁹⁹ each

Save **R50**
WITH RewardsCARD

As good as the best for less

AS SEEN ON TV

SPAR
Extra Shelf Life
Milk
(Full Cream
or Low Fat)
2 litre

29⁹⁹ each

Save **R7**
WITH RewardsCARD

As good as the best for less

Fanta Orange,
Sparletta
Assorted,
Twist Assorted
Stony or
Stoney
Regular Only
1,5 litre

BUY ANY 2 FOR **27⁰⁰**

WITH RewardsCARD

As good as the best for less

Dairymaid
Country Fresh
Ice Cream
1,8 litre
Assorted

BUY ANY 2 FOR **110⁰⁰**

Specials only available at selected **SUPERSPAR** stores in the Eastern Cape from **10 March** up to and including **23 March 2025** while stocks last. We reserve the right to limit quantities. Prices include VAT.

SEC2814

SPAR
Rewards
More for You



SIGN UP FOR MORE! MORE SAVINGS. MORE WINS. MORE FOR YOU.
SPAR Rewards deals available while stocks last.

SUPERSPAR



It's not just

SPAR
100% Fruit
Juice Blend
1 litre
Assorted

24⁹⁹
each

WITH RewardsCARD

As good as the best for less



It's so much more!

That's why
we SHOP at
SPAR

Drinks & Snacktime Favourites

Beacon
Smoothies
75 g
Assorted

BUY ANY 2 FOR

20⁰⁰
each

WITH RewardsCARD

Manhattan or
Mister Sweet
Gums, Sweets,
Jellies or Rascals
125 g
Assorted

BUY ANY 2 FOR

21⁹⁹
each

WITH RewardsCARD

Manhattan
Pink and White
Marshmallows
400 g / 440 g

BUY ANY 2 FOR

36⁹⁹
each

WITH RewardsCARD

Cadbury
DAIRY MILK
WHOLENUT

Cadbury
Chocolate Slabs
(excl. Bubbly &
Festive Range)
150 g
Assorted

BUY ANY 2 FOR

36⁹⁹
each

WITH RewardsCARD

Nestlé
Bar-One, Kit Kat,
Tex or Smarties
Minis Bag
135 g / 180 g /
182 g / 189 g

BUY ANY 2 FOR

46⁹⁹
each

WITH RewardsCARD

Flyers
Puffed Corn
or Spookies
Chips
100 g
Assorted

BUY ANY 2 FOR

20⁰⁰

WITH RewardsCARD

Doritos
Corn Chips
145 g
Assorted

BUY ANY 2 FOR

40⁰⁰
each

WITH RewardsCARD



Pepsi Regular,
Mirinda,
Mountain Dew
(excl. 7 Up Sugar Free)
2 litre

BUY ANY 2 FOR

36⁰⁰
each

WITH RewardsCARD

aQuellé
NATURAL SPRING WATER
STILL

aQuellé
Still or Sparkling
Natural Spring Water
12 x 330 ml

79⁹⁹
per pack

Lipton
Iced Tea
1,5 litre
Assorted

BUY ANY 2 FOR

23⁹⁹
each

WITH RewardsCARD

Monster
Energy Drink
500 ml
Assorted

BUY ANY 2 FOR

32⁰⁰
each

WITH RewardsCARD

SPAR
Flavoured
Carbonated
Soft Drink
2 litre
Assorted

BUY ANY 2 FOR

20⁰⁰
each

WITH RewardsCARD

As good as the best for less

Halls
Blended
Fruit Squash
1,25 litre
Assorted

27⁹⁹
each

Liqui Fruit
Sparkling
70% Nectar
Blend
300 ml
Assorted

BUY ANY 2 FOR

11⁹⁹
each

WITH RewardsCARD

Energade
Ready to Drink
Sports Drink
6 x 500 ml
Assorted

BUY ANY 2 FOR

69⁹⁹
per pack

WITH RewardsCARD

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Fresh savings every day

Fresh Grown Favourites



SPAR freshline
White or
Red
Grapes
500 g

29⁹⁹ per punnet

As good as the best for less



SPAR freshline
Vegetable
Mix
400 g

24⁹⁹ each

As good as the best for less

Serving suggestion



Butchery Savings



Red Crest Farms
Chicken
Fillets
4s

79⁹⁹ per kg



Deli Co
Beef
Short Ribs

89⁹⁹ per kg



Your Butcher
By SPAR
Previously Frozen
Bulk
Pork Packs

64⁹⁹ per kg

As good as the best for less



SPAR Tender &
Tasty
Bacon & Cheese or
Bacon & Chilli
Cheese
Wors
420 g

59⁹⁹ each

As good as the best for less

BUTCHERY SPECIALS AVAILABLE FROM 10 - 16 March 2025

PORK ONLY AVAILABLE AT SELECTED STORES

Bakery Favourites



SPAR
Bakery
Muffins
6s
Assorted

55⁹⁹ per pack

As good as the best for less



SPAR Bakery
Black Forest
Log
Cake

64⁹⁹ each

As good as the best for less



Blue Ribbon
White Sliced
Bread
700 g

16⁹⁹ per loaf

As good as the best for less

LOVE IT? SPAR GETS IT DELIVERED



Download now!



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Say hello to **SPAR mobile**

Brought to you by **MTN**

Move with the sim that gives you MORE.

Switch today and:

- Earn **FREE Mobile Data** every time you shop at SPAR.
- Get **affordable data and airtime** - real value for your wallet.
- Enjoy **non-expiring data** - use it whenever you need, it never expires!
- **Keep your number OR** get a new one - **you decide!**

Join our network in 3 easy steps!

- 1 Get your SPAR Mobile SIM card in-store.
- 2 Ask the SPAR Mobile agent to RICA your SIM.
- 3 Choose: Keep your number (Port) or get a new number.

Once you have joined, Enjoy **FREE DATA** available on product deals throughout the store!
Look out for the **SPAR Mobile logo** at your favourite SPAR and upgrade your network today!



Breakfast Favourites

AS SEEN ON TV

Bokomo Weet-Bix
450 g

27⁹⁹ each

Save R9
WITH **Rewards CARD**

Bokomo Granola
650 g / 700 g / 900 g Assorted

64⁹⁹ each

WITH **Rewards CARD**

Future Life Smart Food Original or Zero, Kids, Crunch, Bran or Pops
350 g / 375 g / 400 g / 425 g / 460 g / 500 g Assorted

44⁹⁹ each

WITH **Rewards CARD**

SPAR Corn Flakes
1 kg

51⁹⁹ each

WITH **Rewards CARD**

SPAR Smooth or Crunchy Peanut Butter
400 g

34⁹⁹ each

WITH **Rewards CARD**

As good as the best for less

Freshpak Rooibos Tagless Teabags
40s

29⁹⁹ per pack

WITH **Rewards CARD**

SPAR Black Tea Blend Tagless Teabags
100s

21⁹⁹ per pack

WITH **Rewards CARD**

As good as the best for less

Jacobs Krönung 3 in 1 Coffee Sticks
10s

52⁹⁹ per box

WITH **Rewards CARD**

For the love of cheese



Shop the Range

AS SEEN ON TV

Clover Processed Cheese Slices
400 g Assorted

54⁹⁹ each

WITH **Rewards CARD**

Lancewood Pre-Packed Cheese
600 g Assorted

94⁹⁹ each

Save R10
WITH **Rewards CARD**

SPAR Gouda Flavoured Full Fat Processed Cheese
200 g Assorted

24⁹⁹ each

WITH **Rewards CARD**

As good as the best for less

SPAR Cheddar or Gouda Vacuum Pack Cheese
240 g

39⁹⁹ each

WITH **Rewards CARD**

As good as the best for less

Fairview Feta
100 g Assorted

18⁹⁹ each

WITH **Rewards CARD**

SPAR Mozzarella, Edam, Sweetmilk, White Cheddar or Gouda Vacuum Pack Cheese
240 g

49⁹⁹ each

WITH **Rewards CARD**

As good as the best for less

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SWIPE TO SAVE MORE

Exclusive to SPAR Rewards customers.

Fridge & Freezer Favourites



SPAR Full Cream Yoghurt 1 kg Assorted

34⁹⁹ each

WITH RewardsCARD
As good as the best for less



Nestlé Bar-One or Rolo or Dairymaid Gelata Ice Cream Assorted 1,5 litre

99⁹⁹ each

WITH RewardsCARD



Cadbury Dairy Milk Assorted, Oreo or Crunchie Stick Ice Cream 90 ml

58⁰⁰

BUY ANY 2 FOR WITH RewardsCARD



Clover Tropika Drinking Yoghurt 250 g Assorted

9⁹⁹ each

WITH RewardsCARD



Clover Classic Low Fat Dairy Snack Yoghurt incl. Noloc (excl. Fruit) 6 x 100 g Assorted

17⁹⁹ each

WITH RewardsCARD



SPAR Full Cream Maas 2 kg

29⁹⁹ each

WITH RewardsCARD
As good as the best for less



Darling 100% Fruit Juice Blend 1,5 litre Assorted

28⁹⁹ each



SPAR Margarine Brick 500 g

21⁹⁹ each

Save 4 WITH RewardsCARD
As good as the best for less



D'Lite 37% Fat Spread Tub 1 kg

34⁹⁹ each

WITH RewardsCARD



Flora Regular or Light Fat Spread Tub (excl. Gold) 500 g

42⁹⁹ each

WITH RewardsCARD



Nature's Garden Frozen Chips 900 g Assorted

49⁹⁹ each

WITH RewardsCARD



McCain Frozen Mixed Vegetables 1 kg

44⁹⁹ each

WITH RewardsCARD



Dr Oetker Ital Pizza 305 g / 320 g / 335 g Assorted

54⁹⁹ each

WITH RewardsCARD



Mama's Frozen Pies 6s Assorted or Today Sausage Rolls 30s

119⁹⁹ per pack

WITH RewardsCARD



Eskort Smoked or Red Viennas 125 g

25⁰⁰

BUY ANY 2 FOR WITH RewardsCARD



Eskort Pork Sausages 375 g Assorted

54⁹⁹ each



Eskort Bacon Grillers 500 g

69⁹⁹ each

WITH RewardsCARD



SPAR Crumbed Hake Fillets 480 g Assorted

89⁹⁹ each

WITH RewardsCARD
As good as the best for less

LOVE IT? SPAR GETS IT DELIVERED



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Specials only available at selected SUPERSPAR stores in the Eastern Cape from 10 March up to and including 23 March 2025 while stocks last. We reserve the right to limit quantities. Prices include VAT.

Homecare made a breeze

Home Essentials



SPAR
Firelighters
12s

21⁹⁹
per pack

WITH Rewards CARD
As good as the best for less



Twinsaver
White Roller
Towels
2s

24⁹⁹
per pack

WITH Rewards CARD



Doom
Insect Killer
Spray
180 ml
Assorted

29⁹⁹
each

WITH Rewards CARD



Albex
Bleach
1,5 litre
Assorted

24⁹⁹
each



Sunlight
Dishwashing
Liquid Refill
750 ml

24⁹⁹

Save R5
each
WITH Rewards CARD



Energizer
AA or AAA Max
Batteries
4s

79⁹⁹
per pack

WITH Rewards CARD



Hygienic
Dishwasher
Tablets
15s

51⁹⁹
per pack



Garbie
Refuse Bags
20s

34⁹⁹
each

WITH Rewards CARD



Petcare Essentials



Vitagen
Dog Food
6 kg / 8 kg
Assorted

189⁹⁹
each

WITH Rewards CARD



Marltons
Semi Moist Treats
120 g
Assorted

18⁹⁹
each

WITH Rewards CARD



Pamper
Multi Pack
Cat Food
12 x 75 g
Assorted

109⁹⁹
per pack



Catmor
Cat Food
1,5 kg / 1,75 kg
Assorted

79⁹⁹
each

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It's not just

SPAR
Toilet Tissue Rolls
2 ply
12s

74⁹⁹
per pack

WITH **RewardsCARD**

As good as the best for less



It's so much more!

That's why
we SHOP at
SPAR

Baby Essentials



Purity
Ready to Eat
Baby Food
with Maize
100 g
Assorted

BUY ANY 2 FOR 20⁰⁰



Purity
Baby Cereal
Just Add Milk
200 g / 250 g
Assorted

21⁹⁹
each



Nestlé
Nespray
Powdered
Milk
400 g

52⁹⁹
each



Future Life
Tots
Cereal
250 g
Assorted

24⁹⁹
each



Purity
Cream of Maize
400 g
Assorted

21⁹⁹
each



Purity
Fruit or Vegetable
Jar or Puree
Pouch
150 ml / 200 ml
Assorted

30⁰⁰
WITH **RewardsCARD**

Family Essentials



Mentadent P
Micro Granules, Gel,
Herbal or Protect
Toothpaste
100 ml

26⁹⁹
each



Lux
Beauty Soap
175 g
Assorted

BUY ANY 2 FOR 24⁰⁰
WITH **RewardsCARD**



Playboy or Playgirl
Aerosol
Deodorant
90 ml / 125 ml /
150 ml
Assorted

31⁹⁹
each



Revlon
Shampoo or
Conditioner
650 ml
Assorted

51⁹⁹
each



Lifebuoy
Hygiene
Soap
(excl. Charcoal
& Mint)
175 g
Assorted

BUY ANY 2 FOR 29⁰⁰
Save R7
WITH **RewardsCARD**



Libresse
Duo Maxi
Sanitary
Pads
16s / 18s / 20s

42⁹⁹
per pack



Lil-Lets
Tampons
20s
Assorted

29⁹⁹
per pack



Playgirl or Playboy
Body Lotion
or Cream
400 ml
Assorted

42⁹⁹
each

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It's not just

SPAR
Baked Beans
410 g

BUY 2 FOR **28⁰⁰**
WITH Rewards CARD
As good as the best for less



It's so much more!

That's why we SHOP at
SPAR

Pantry Savings



Lucky Star
Corned Meat
300 g
Assorted

29⁹⁹ each



Rhodes
Tomato & Onion Mix
410 g

17⁹⁹ each



Rhodes
Chopped & Peeled Tomatoes
Assorted or Boerewors Relish
410 g

21⁹⁹ each



Koo
Chakalaka
410 g
Assorted

19⁹⁹ each

COMBO DEAL

SASKI CAKE WHEAT FLOUR 2.5 kg

WHIT STAR SUPER MAIZE 2.5 kg

Spekko Rice 2 kg PLUS White Star Super Maize Meal 2.5 kg

BUY ALL FOR **110⁰⁰** WITH Rewards CARD



Hinds
Spices
Southern Coating
200 g
Assorted

19⁹⁹ each

WITH Rewards CARD

WITH Rewards CARD

WITH Rewards CARD



Hinds
Southern Grill Seasoning
200 g
Assorted

19⁹⁹ each

WITH Rewards CARD

WITH Rewards CARD

WITH Rewards CARD



Crosse & Blackwell
Tangy Mayonnaise Only
750 g

36⁹⁹ each



Parmalat
Vanilla Flavoured Custard
1 litre

25⁹⁹ each



Golden Cloud
Pre-Mix
1 kg
Assorted

32⁹⁹ each



SPAR
Instant Noodles
5s
Assorted

17⁹⁹ per pack

WITH Rewards CARD

As good as the best for less



Wellington's
Tomato Sauce
700 ml
Assorted

29⁹⁹ each



Royco
Gravy, Sauce or Marinade
32 g / 37 g / 38 g / 39 g / 40 g
Assorted

BUY ANY 2 FOR **34⁰⁰**

WITH Rewards CARD



Fatti's & Moni's
Spaghetti or Macaroni
500 g

BUY ANY 2 FOR **30⁰⁰**

WITH Rewards CARD



SPAR Rewards
More for You



SIGN UP FOR MORE! MORE SAVINGS. MORE WINS. MORE FOR YOU.

SPAR Rewards deals available while stocks last.

- Available at the following **SUPERSPAR** stores:
- PORT ELIZABETH SUPERSPARS: Bluewater Bay, Despatch, Gelvandale, Hunters Retreat, Mount Pleasant, Newton Park, Our, Summerbrezz, Sunridge, Waterfront
 - EAST LONDON SUPERSPARS: Amalinda, Crossways, Debi Lee, Gonubie, Nahoon, Nick's Food Berea, Southernwood, Spargs Beacon Bay, Vincent
 - KNYSNA SUPERSPAR: Knysna
 - GEORGE SUPERSPAR: Heather Park, Outeniqua
 - JEFFREY'S BAY SUPERSPAR: Jeffrey's Bay
 - ST. FRANCIS BAY SUPERSPAR: Village Square
 - PORT ALFRED SUPERSPAR: Rosehill;
 - PLETTENBERG BAY: Melville's
 - UITENHAGE SUPERSPAR: Levyvale,
 - DE AAR SUPERSPAR: Rosepark
 - QUEENSTOWN SUPERSPAR: Queenstown
 - SEDGFIELD SUPERSPAR: Sedgfield
 - CRADOCK SUPERSPAR: Tams
 - GRAAF REINET SUPERSPAR: Spandau
 - HUMANSDORP SUPERSPAR: Village On Main.

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Let's chat **0860 313 141**

Say "hello" to get specials, store details, SPAR Rewards & more!
For more info: www.spar.co.za or Find us on [f /myspar](https://www.facebook.com/myspar)

SUPERSPAR

