

R1 BILLION in savings

with **SPAR** Rewards

24 FEB - 21 APR 2025



That's why
we SHOP at

SPAR

AS SEEN ON TV

REFILL YOUR JAR
Light and dark ROASTED BEANS FOR A STRONG yet smooth cup.
200g+ 30g FREE*

Nescafé Classic Coffee Jar Assorted 200g or Doy Pack 230g (excl. Decaf)

99⁹⁹ each

Save R30 WITH RewardsCARD

SPAR UHT Long Life Milk Full Cream Only 1,5 litre

BUY 3 FOR **66⁰⁰**

WITH RewardsCARD

As good as the best for less

SPAR Refined White Sugar 2,5 kg

57⁹⁹ each

WITH RewardsCARD

As good as the best for less

SPAR Sunflower or Canola Oil 2 litre

64⁹⁹ each

WITH RewardsCARD

As good as the best for less

Biggest Food Retailer in the Eastern Cape

AS SEEN ON TV

SPAR IQF Chicken Mixed Portions 4 kg

MIXED PORTIONS WITH A BONE BASED MIXTURE

149⁹⁹ each

Save R50 WITH RewardsCARD

As good as the best for less

AS SEEN ON TV

SPAR Extra Shelf Life Full Cream or Low Fat Milk 2 litre

29⁹⁹ each

Save R7 WITH RewardsCARD

As good as the best for less

15L Sparletta

Fanta Orange, Sparletta Assorted, Twist Assorted, Sprite or Stony Regular Only 1,5 litre

BUY ANY 2 FOR **27⁰⁰**

WITH RewardsCARD

Country Fresh

Dairymaid Country Fresh Ice Cream 1,8 litre Assorted

BUY ANY 2 FOR **110⁰⁰**

Specials only available at selected SPAR stores in the Eastern Cape from 10 March up to and including 23 March 2025 while stocks last. We reserve the right to limit quantities. Prices include VAT.

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SPAR Rewards
More for You



SIGN UP FOR MORE! MORE SAVINGS. MORE WINS. MORE FOR YOU.
SPAR Rewards deals available while stocks last.

SPAR



It's not just

SPAR
100%
Fruit Juice Blend
1 litre

24⁹⁹
each

WITH **Rewards** CARD
As good as the best for less



It's so much more!

That's why
we SHOP at
SPAR

Drinks & Snacktime Favourites

Beacon Smoothies
75 g Assorted

BUY ANY 2 FOR

20⁰⁰

WITH **Rewards** CARD

Manhattan or Mister Sweet Gums, Sweets, Jellies or Rascals
125 g Assorted

21⁹⁹
each

WITH **Rewards** CARD

Manhattan Pink and White Marshmallows
400 g / 440 g

36⁹⁹
each

WITH **Rewards** CARD

Cadbury Dairy Milk Wholenut Chocolate Slabs (excl. Bubbly & Festive Range)
150 g Assorted

36⁹⁹
each

WITH **Rewards** CARD

Nestlé Bar-One, Kit Kat, Tex or Smarties Minis Bag
135 g / 180 g / 182 g / 189 g

46⁹⁹
each

WITH **Rewards** CARD

Flyers Puffed Corn or Spookies Chips
100 g Assorted

BUY ANY 2 FOR

20⁰⁰

Doritos Corn Chips
145 g Assorted

BUY ANY 2 FOR

40⁰⁰

WITH **Rewards** CARD



Monster Energy Drink
500 ml Assorted

BUY ANY 2 FOR

32⁰⁰

WITH **Rewards** CARD

Lipton Iced Tea
1,5 litre Assorted

23⁹⁹
each

WITH **Rewards** CARD

Halls Blended Fruit Squash
1,25 litre Assorted

27⁹⁹
each

Energade Ready to Drink Sports Drink
6 x 500 ml Assorted

69⁹⁹
per pack

WITH **Rewards** CARD

SPAR Flavoured Carbonated Soft Drink
2 litre Assorted

BUY ANY 2 FOR

20⁰⁰

WITH **Rewards** CARD
As good as the best for less

aQuellé Still or Sparkling Natural Spring Water
12 x 330 ml

79⁹⁹
per pack

Pepsi Regular, Mirinda, Mountain Dew (excl. 7 Up Sugar Free)
2 litre

BUY ANY 2 FOR

36⁰⁰

WITH **Rewards** CARD

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Fresh savings every day

Fresh Grown Favourites



SPAR freshline
White or Red
Grapes
500 g

29⁹⁹ per punnet

As good as the best for less



SPAR freshline
Vegetable
Mix
400 g

24⁹⁹ each

As good as the best for less

Serving suggestion



Butchery Savings



Red Crest Farms
Chicken
Fillets
4s

79⁹⁹ per kg



Deli Co
Beef
Short Ribs

89⁹⁹ per kg



Your Butcher
By SPAR
Previously Frozen
Bulk
Pork Packs

64⁹⁹ per kg

As good as the best for less



SPAR Tender
& Tasty
Bacon &
Cheese or
Bacon & Chilli
Cheese
Wors
420 g

59⁹⁹ each

As good as the best for less

BUTCHERY SPECIALS AVAILABLE FROM 10 - 16 March 2025

PORK ONLY AVAILABLE AT SELECTED STORES

Bakery Favourites



SPAR
Bakery
Muffins
6s
Assorted

55⁹⁹ per pack

As good as the best for less



SPAR Bakery
Black Forest
Log
Cake

64⁹⁹ each

As good as the best for less



Blue Ribbon
White Sliced
Bread
700 g

16⁹⁹ per loaf

LOVE IT? SPAR GETS IT DELIVERED



Download now!



Specials only available at selected SPAR stores in the Eastern Cape from 10 March up to and including 23 March 2025 while stocks last.

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It's not just

Bokomo Weet-Bix 450 g

27⁹⁹ each

Save **R9** WITH RewardsCARD

AS SEEN ON TV



It's so much more!

That's why we SHOP at **SPAR**

Breakfast Favourites



SPAR Smooth or Crunchy Peanut Butter 400 g

34⁹⁹ each

WITH RewardsCARD

As good as the best for less



Bokomo Granola 650 g / 700 g / 900 g Assorted

64⁹⁹ each

WITH RewardsCARD



Future Life Smart Food Original or Zero, Kids, Crunch, Bran or Pops 350 g / 375 g / 400 g / 425 g / 460 g / 500 g Assorted

44⁹⁹ each

WITH RewardsCARD



SPAR Corn Flakes 1 kg

51⁹⁹ each

WITH RewardsCARD

As good as the best for less



Jacobs Krönung 3 in 1 Coffee Sticks 10s

52⁹⁹ per box

WITH RewardsCARD



SPAR Tagless Teabags 100s

21⁹⁹ per pack

WITH RewardsCARD

As good as the best for less



Freshpak Rooibos Tagless Teabags 40s

29⁹⁹ per pack

WITH RewardsCARD



Cheese Favourites

For the love of cheese



Clover Processed Cheese Slices 400 g Assorted

54⁹⁹ each

WITH RewardsCARD



Lancewood Pre-Packed Cheese 600 g Assorted

94⁹⁹ each

Save **R10** WITH RewardsCARD



SPAR Processed Cheese Slices 200 g Assorted

24⁹⁹ each

WITH RewardsCARD

As good as the best for less



SPAR Cheddar or Gouda Vacuum Pack Cheese 240 g

39⁹⁹ each

WITH RewardsCARD

As good as the best for less



Fairview Feta 100 g Assorted

18⁹⁹ each

WITH RewardsCARD



SPAR Mozzarella, Edam, Sweetmilk, White Cheddar or Gouda Vacuum Pack Cheese 240 g

49⁹⁹ each

WITH RewardsCARD

As good as the best for less

Shop the Range

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SWIPE TO SAVE MORE

Exclusive to SPAR Rewards customers.



SPAR Full Cream Yoghurt 1 kg Assorted

34⁹⁹ each

WITH RewardsCARD

As good as the best for less

Fridge & Freezer Favourites

Nestlé Bar-One or Rolo or Dairymaid Gelata Ice Cream Assorted 1,5 litre

99⁹⁹ each

WITH RewardsCARD

Cadbury Dairy Milk Assorted, Oreo or Crunchie Stick Ice Cream 90 ml

BUY ANY 2 FOR **58⁰⁰**

WITH RewardsCARD

Clover Tropika Drinking Yoghurt 250 g Assorted

9⁹⁹ each

WITH RewardsCARD

Clover Classic Low Fat Dairy Snack Yoghurt incl. Nolic (excl. Fruit) 6 x 100 g Assorted

17⁹⁹ each

WITH RewardsCARD

SPAR Full Cream Maas 2 kg

29⁹⁹ each

WITH RewardsCARD

Darling 100% Fruit Juice Blend 1,5 litre Assorted

28⁹⁹ each

SPAR Margarine Brick 500 g

21⁹⁹ each

Save R4 WITH RewardsCARD

As good as the best for less

D'Lite 37% Fat Spread Tub 1 kg

34⁹⁹ each

WITH RewardsCARD

Flora Regular or Light Fat Spread Tub (excl. Gold) 500 g

42⁹⁹ each

WITH RewardsCARD

Nature's Garden Frozen Chips 900 g Assorted

49⁹⁹ each

WITH RewardsCARD

McCain Frozen Mixed Vegetables 1 kg

44⁹⁹ each

WITH RewardsCARD

Dr. Oetker Ital Pizza Classic BBQ Chicken 305 g / 320 g / 335 g Assorted

54⁹⁹ each

WITH RewardsCARD

Mama's Frozen Pies Assorted or Today Sausage Rolls Assorted

119⁹⁹ each

WITH RewardsCARD

Eskort Smoked or Red Viennas 125 g

BUY ANY 2 FOR **25⁰⁰**

WITH RewardsCARD

Eskort Mediterranean Pork Sausages 375 g Assorted

54⁹⁹ each

Eskort Bacon Grillers 500 g

69⁹⁹ each

WITH RewardsCARD

SPAR Crumbed Hake Fillets Assorted

89⁹⁹ per pack

WITH RewardsCARD

As good as the best for less

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Say hello to SPAR mobile

Brought to you by MTH

Move with the sim that gives you MORE.

Switch today and:

- Earn FREE Mobile Data every time you shop at SPAR.
- Get affordable data and airtime - real value for your wallet.
- Enjoy non-expiring data - use it whenever you need, it never expires!
- Keep your number OR get a new one - you decide!

Join our network in 3 easy steps!

- 1 Get your SPAR Mobile SIM card in-store.
- 2 Ask the SPAR Mobile agent to RICA your SIM.
- 3 Choose: Keep your number (Port) or get a new number.

Once you have joined, Enjoy FREE DATA available on product deals throughout the store!
Look out for the SPAR Mobile logo at your favourite SPAR and upgrade your network today!



Home Essentials

Twinsaver White Roller Towels 2s

24⁹⁹ per pack

WITH Rewards CARD

Hygenie Dishwasher Tablets 15s

51⁹⁹ per pack

WITH Rewards CARD

AS SEEN ON TV

IMPROVED FORMULATION

Sunlight Dishwashing Liquid Refill 750 ml

24⁹⁹ each

Save R5 WITH Rewards CARD

UNBEATABLE ON BURNT ON STAINS

BOOSTED WITH BIO-ENZYMES

750 ml

Albex Bleach 1,5 litre Assorted

24⁹⁹ each

WITH Rewards CARD

Doom Insect Killer Spray 180 ml Assorted

29⁹⁹ each

WITH Rewards CARD

Garbie Refuse Bags 20s

34⁹⁹ each

WITH Rewards CARD



Petcare Essentials

Vitagen Dog Food 6 kg / 8 kg Assorted

189⁹⁹ each

WITH Rewards CARD

SUNFLOWER GOODNESS FOR VITALITY & A SHINY COAT

IMPROVED FORMULA DIE TARYN

OMEGA 6 & VITAMIN E

GRILLED STEAK FLAVOUR

LARGE BREED 18 MONTHS +

24 ESSENTIAL VITAMINS & MINERALS & TRACE ELEMENTS

STRONG TEETH & BONES

HEALTHY MUSCLES

HEALTHY DIGESTION

NO ARTIFICIAL COLOURS

Marltons Semi Moist Treats 120 g Assorted

18⁹⁹ each

WITH Rewards CARD

EST. 1945

PET CARE EXPERTS

SEMI-MOIST TREATS

LAMB FLAVOURED

Catmor Cat Food 1,5 kg / 1,75 kg Assorted

79⁹⁹ each

loves cats

catmor 2in1

CHICKEN FLAVOURED CHUNKS + BEEFY FLAVOURED BITES

1,5 kg ADULT 1+ YEARS

Pamper Multi Pack Cat Food 12 x 75 g Assorted

109⁹⁹ per pack

Bring out their best attitude!

12 x PATÉ POUCHES | ADULT (1+ YEARS)

6x Smoked Salmon Flavour

6x Chicken Liver Flavour

12 x 75 g POUCHES

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It's not just

SPAR
Toilet Tissue Rolls
2 ply
12s

74⁹⁹
per pack

WITH **Rewards CARD**

As good as the best for less



It's so much more!

That's why
we SHOP at
SPAR

Family Essentials



Mentadent P
Micro Granules, Gel,
Herbal or Protect
Toothpaste
100 ml

26⁹⁹
each

WITH **Rewards CARD**



Lifebuoy
Hygiene
Soap
(excl. Charcoal & Mint)
175 g
Assorted

29⁰⁰

Save **R7**
WITH **Rewards CARD**



Lux
Beauty Soap
175 g
Assorted

24⁰⁰

WITH **Rewards CARD**



Playboy or Playgirl
Aerosol Deodorant
90 ml / 125 ml / 150 ml
Assorted

31⁹⁹
each

WITH **Rewards CARD**



Revlon
Shampoo or
Conditioner
650 ml
Assorted

51⁹⁹
each



Libresse
Duo Maxi Sanitary
Pads
16s / 18s / 20s

42⁹⁹
per pack

WITH **Rewards CARD**



Lil-Lets
Tampons
20s
Assorted

29⁹⁹
per pack

WITH **Rewards CARD**



Playgirl or Playboy
Body Lotion or Cream
400 ml
Assorted

42⁹⁹
each

WITH **Rewards CARD**

Baby Essentials



Purity
Ready to Eat
Baby Food
with Maize
100 g
Assorted

20⁰⁰

WITH **Rewards CARD**



Nestlé
Nespray
Powdered
Milk
400 g

52⁹⁹
each



Future Life
Tots Cereal
250 g
Assorted

24⁹⁹
each

WITH **Rewards CARD**



Purity
Baby Cereal
Just Add Milk
200 g / 250 g
Assorted

21⁹⁹
each

WITH **Rewards CARD**



Purity
Fruit or Vegetable
Jar or Puree Pouch
150 ml / 200 ml
Assorted

30⁰⁰

WITH **Rewards CARD**



Purity
Cream of Maize
400 g
Assorted

21⁹⁹
each

WITH **Rewards CARD**

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It's not just

SPAR
Baked Beans
410 g

BUY 2 FOR **28⁰⁰**
WITH Rewards CARD
As good as the best for less



It's so much more!

That's why we SHOP at
SPAR

Pantry Savings

Lucky Star
Corned Meat
300 g
Assorted

29⁹⁹ each

WITH Rewards CARD



Rhodes
Tomato & Onion Mix
410 g

17⁹⁹ each

WITH Rewards CARD



Rhodes
Chopped & Peeled Tomatoes
Assorted or Boerewors Relish
410 g

21⁹⁹ each

WITH Rewards CARD



Koo
Chakalaka
410 g
Assorted

19⁹⁹ each

WITH Rewards CARD

COMBO DEAL

SASKO
CAKE WHEAT FLOUR
2.5 kg

WHITESTAR
SUPER MAIZE
2.5 kg

Spekko
Rice
2 kg

White Star
Super Maize Meal
2.5 kg

BUY ALL FOR 110⁰⁰
WITH Rewards CARD

Hinds
Spices Southern Coating
200 g
Assorted

19⁹⁹ each

WITH Rewards CARD

Hinds
Southern Grill Seasoning
200 g
Assorted

19⁹⁹ each

WITH Rewards CARD

Crosse & Blackwell
Tangy Mayonnaise
Only
750 g

36⁹⁹ each

WITH Rewards CARD

Parmalat
Vanilla Flavoured Custard
1 litre

25⁹⁹ each

WITH Rewards CARD

Golden Cloud
CHOCOLATE FLAVOURED MUFFIN MIX
1 kg

32⁹⁹ each

WITH Rewards CARD

SPAR
Instant Noodles 5s
Assorted

17⁹⁹ per pack

WITH Rewards CARD

As good as the best for less

Wellington's
Tomato Sauce
700 ml
Assorted

29⁹⁹ each

WITH Rewards CARD

Royco
GRAVY BROWN ONION
SERVES 4

Royco
GRUYERE CHEESE SAUCE

Royco
Gravy, Sauce or Marinade
32 g / 37 g / 38 g / 39 g / 40 g
Assorted

BUY ANY 2 FOR 34⁰⁰
WITH Rewards CARD

FATTI'S & MONI'S
MACARONI
500 g

FATTI'S & MONI'S
Spaghetti or Macaroni
500 g

BUY ANY 2 FOR 30⁰⁰
WITH Rewards CARD



SPAR Rewards
More for You

SIGN UP FOR MORE! MORE SAVINGS. MORE WINS. MORE FOR YOU.
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SPAR stores: Acres, Addo, Algoa Park, Algoa Foods, Aspen, Buffalo Flats, Burgersdorp, Cambridge, Camdeboo, Cradock, Dagbreek, De Freitas, Fig Tree, Five Ways, Lighthouse, Linton Grange, Middelburg, Nick's Daily, Oak Cottage, Sherwood, Sunshine Coast, The Stadium, Wellington Square, Wilderness

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Let's chat **0860 313 141**

Say "hello" to get specials, store details, SPAR Rewards & more!
For more info: www.spar.co.za or Find us on [f /myspar](https://www.facebook.com/myspar)

SPAR