

Give them
a start
**LIKE NO
OTHER**

with **SPAR**

Campaign valid from 27 DEC 2024 to 23 FEB 2025.

Bata
SCHOOL SHOES
for only
R70
when you spend R350
or more & swipe your
SPAR Rewards card

UNISEX
small sizes
12•13•1•2•3



SPAR
Sunflower
or Canola Oil
2 litre

64⁹⁹ each

WITH Rewards CARD

As good as the best for less

SPAR
REFINED
WHITE SUGAR

SPAR
Refined
White
Sugar
2,5 kg

55⁹⁹ each

WITH Rewards CARD

AS SEEN ON TV

NEW PACK

SOURCE OF 9 VITAMINS

SPAR
GOLDEN
CORN
FLAKES

SPAR
Corn Flakes
500 g

22⁹⁹ each

Save R14
WITH Rewards CARD

As good as the best for less

1,5L UHT FULL CREAM MILK

SPAR
UHT
Long Life
Milk
Full Cream
Only
1,5 litre

BUY 3 FOR 66⁰⁰

WITH Rewards CARD

As good as the best for less

Biggest Food Retailer in the Eastern Cape

RED CREST BUTCHERY DATES FROM 8 - 12 JANUARY 2025

Red Crest
Farms
Fresh Chicken
Braai Pack
5 Piece

59⁹⁹ per kg

AS SEEN ON TV

TASTIC
LONG GRAIN
PARBOILED RICE

Tastic
Long Grain
Parboiled Rice
2 kg

39⁹⁹ each

WITH Rewards CARD

AS SEEN ON TV

SPAR
FULL CREAM
FRESH MILK

SPAR
Extra Shelf
Life
Full Cream
or Low Fat
Fresh Milk
2 litre

31⁹⁹ each

Save R5
WITH Rewards CARD

As good as the best for less

AS SEEN ON TV

SPAR
MARGARINE

SPAR
Margarine
Brick
500 g

21⁹⁹ each

Save R6
WITH Rewards CARD

As good as the best for less

Specials only available at selected SUPERSPAR stores in the Eastern Cape from 8 January 2025 up to and including 20 January 2025 while stocks last. We reserve the right to limit quantities. Prices include VAT.

SEC2727

SPAR
Rewards
More for You



SIGN UP FOR MORE! MORE SAVINGS. MORE WINS. MORE FOR YOU.
SPAR Rewards deals available while stocks last.

SUPERSPAR



GET MORE
when you shop at



Shop
and get a sticker
for every **R100**
you spend



Collect
ten stickers

Save
up to **55%** on
PYREX baking
products

EXTREME
RESISTANCE
VERRE-GLASS
BOROSILICATE
PYREX
*Résistant choc thermique
Thermal shock resistant
EN 1183 220°C.

10
YEAR GUARANTEE
10 ANS DE GARANTIE

Prep. Cook. Serve.

Exclusive to Eastern Cape SPAR stores, while stocks last. Sticker collection between 16 December 2024 and 6 April 2025. Redemption until 20 April 2025. While stocks last.

Bakery Favourites



SPAR
freshline
Black Forest
Log Cake

64⁹⁹
each



SPAR
freshline
Large Wraps
8s
Assorted

48⁹⁹
per pack



SPAR
Bakery
Roosterkoek
4s

21⁹⁹
per pack

Butchery Savings



Your Butcher
By SPAR
Rooiberg
Boerewors

99⁹⁹
per kg



SPAR
Tender & Tasty
Bacon & Cheese
Wors
420 g

59⁹⁹
each



Lynca Meats
Pre-Cooked
& Marinated
Pork Loin Ribs
750 g

89⁹⁹
each



Your Butcher By SPAR
Previously Frozen
Bulk
Pork Packs

64⁹⁹
per kg

BUTCHERY SPECIALS AVAILABLE FROM 8 - 12 JANUARY 2025

PORK ONLY AVAILABLE AT SELECTED STORES

Fresh Grown Favourites



COMBO
DEAL

freshline

SPAR freshline
Potatoes 2 kg
PLUS
Onions 2 kg
PLUS
Carrots 1 kg
PLUS
Butternut 2s

100⁰⁰
per
combo



freshline

SPAR freshline
Bananas
750 g

19⁹⁹
per bag

As good as the best for less



freshline

SPAR freshline
Nectarines or
Dessert Peaches
750 g

29⁹⁹
per punnet

As good as the best for less



SPAR Rewards deals available while stocks last.

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Give them a start
LIKE NO OTHER
with **SPAR**



STEP 1
Spend R350 or more at SPAR.

STEP 2
Swipe your Rewards card & get
BATA School Shoes for ONLY R70!

While stocks last. Ts & Cs apply. Visit www.spar.co.za

Campaign valid from 27 DEC 2024 to 23 FEB 2025.

Drinks & Snacktime Favourites

Rhodes
Nectar Blend
Fruit Juice
6 x 200 ml
Assorted

29⁹⁹ per pack

WITH Rewards CARD

Fruitree
Fruit
Nectar Blend
6 x 200 ml
Assorted

32⁹⁹ per pack

Clover
Tropika
Dairy Fruit Mix
6 x 200 ml
Assorted

44⁹⁹ per pack

Liqui Fruit
100%
Fruit Juice
Blend
1 litre
Assorted

22⁹⁹ each

Save R15
WITH Rewards CARD

AS SEEN ON TV

SPAR
Smoothie
1 litre
Assorted

20⁰⁰

BUY ANY 2 FOR

WITH Rewards CARD

As good as the best for less

Brookes
Oros
Squash
2 litre
Assorted

37⁹⁹ each

WITH Rewards CARD

SPAR
Still or
Sparkling
Spring Water
6 x 500 ml

30⁰⁰ per pack

WITH Rewards CARD

As good as the best for less

aQuellé
Splash
Natural
Spring
Water
6 x 330 ml

40⁰⁰ per pack

Brookes
Oros
Ready to
Drink
500 ml
PLUS
Beacon
Jelly Tots
100 g
Assorted

30⁰⁰ per combo

Tuc
Savoury
Biscuits
100 g
Assorted

16⁹⁹ each

WITH Rewards CARD

Jungle
Energy Bar
40 g / 47 g
Assorted

22⁰⁰

BUY ANY 2 FOR

Cadbury
Astros, 5 Star,
Lunch Bar Assorted,
P.S. Assorted or
Crunchie
40 g / 48 g / 48,5 g

24⁰⁰

BUY ANY 2 FOR

WITH Rewards CARD

Truda
Pretzels
30 g / 40 g
Assorted

20⁰⁰

BUY ANY 5 FOR

WITH Rewards CARD

Doritos
Corn
Chips
145 g
Assorted

38⁰⁰

BUY ANY 2 FOR

WITH Rewards CARD

Willards
Flings
Original
Maize Snack
or Cheese Curlys
Assorted
150 g

40⁰⁰

BUY ANY 2 FOR

WITH Rewards CARD

LOVE IT? SPAR GETS IT DELIVERED



Download now!



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It's not just

SPAR or Goldi
IQF
Mixed Chicken
Portions
2 kg

79⁹⁹
each

WITH **Rewards CARD**



It's so much more!

That's why
we **SHOP** at
SPAR

Fridge & Freezer Favourites



Darling
Yogi
Drinking
Yoghurt
1 kg
Assorted

24⁹⁹
each

WITH **Rewards CARD**



First Choice
Milki
Flavoured
Milk
250 ml
Assorted

BUY ANY
2
FOR **20⁰⁰**



SPAR
Active Breakfast
Drinking Yoghurt
300 ml
Assorted

13⁹⁹
each

As good as the best for less



SPAR
Full Cream
Maas
2 kg

29⁹⁹
each

WITH **Rewards CARD**

As good as the best for less



Clover
Classic Low
Fat Yoghurt
(excl. Fruit)
6 x 100 g
Assorted

16⁹⁹
per pack

Save **R5**
WITH **Rewards CARD**



Dairymaid
Country
Fresh
Ice Cream
1,8 litre
Assorted

59⁹⁹
each

WITH **Rewards CARD**



D'Lite
37% Fat
Spread
1 kg

34⁹⁹
each

WITH **Rewards CARD**



McCain
Stir Fry
700 g
Assorted

36⁹⁹
each

WITH **Rewards CARD**



Magnum
Stick
Ice Cream
100 ml
Assorted

29⁹⁹
each

Drink Favourites



Score
Energy Drink or
Immune Booster
500 ml
Assorted

BUY ANY
2
FOR **20⁰⁰**

WITH **Rewards CARD**



Energade
Ready to Drink
Sports
Drink
500 ml
Assorted

BUY ANY
2
FOR **22⁰⁰**



Pepsi Regular,
Mirinda or
7 Up Sugar Free
Mountain Dew
2 litre

BUY ANY
2
FOR **34⁰⁰**

WITH **Rewards CARD**



Spar-letta
Assorted,
Granadilla
or Lemon
Twist or
Iron Brew
Regular Only
2 litre

BUY ANY
2
FOR **30⁰⁰**



Coca Cola,
Fanta, Sprite or
Stoney Bottles
Regular Range
6 x 300 ml

45⁰⁰
per pack



Darling
100% Fruit
Juice Blend
1,5 litre
Assorted

28⁹⁹
each



SPAR
Red or Smoked
Viennas Only
500 g

42⁹⁹
per pack

Save **R12**
WITH **Rewards CARD**

As good as the best for less



I & J
Fish Fingers
400 g

69⁹⁹
each



Today
Original
Sausage Rolls
30s

119⁹⁹
per pack

WITH **Rewards CARD**



Mama's
Frozen
Pies
6s
Assorted

119⁹⁹
per box

WITH **Rewards CARD**

SPAR Rewards deals available while stocks last.

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GET MORE
when you shop at



Save up to 55%
on PYREX baking products



Jug 1L
YOU PAY: R179,99
RETAIL PRICE: R329,99



Flange Dish 28cm
YOU PAY: R99,99
RETAIL PRICE: R199,99



Rectangular Roaster 2,5L
YOU PAY: R129,99
RETAIL PRICE: R239,99



Oval Casserole 4,2L
YOU PAY: R259,99
RETAIL PRICE: R549,99



Loaf Dish 28cm
YOU PAY: R99,99
RETAIL PRICE: R219,99



Cake Dish 26cm
YOU PAY: R99,99
RETAIL PRICE: R229,99



Rectangular Dish 4,9L
YOU PAY: R199,99
RETAIL PRICE: R379,99



EXTREME RESISTANCE
WEAR-RESISTANT
THERMALLY SHOCK RESISTANT
EMERALD GREEN
PYREX
*Resistant to thermal shock
EN 1335 229 °C



Pyrex
too fresh to flop
Pyrex® is a trademark of Corning Incorporated used under license by International Cookware.

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Save even more

COMBO DEAL

SPAR CAKE WHEAT FLOUR 2,5 kg + SPAR SUPER MAIZE MEAL 2,5 kg + SPAR Sunflower Oil 750 ml

PLUS Super Maize Meal 2,5 kg
PLUS Cake Wheat Flour 2,5 kg

BUY ALL FOR 85⁰⁰ WITH RewardsCARD

Nestlé Ricoffy Original or Mild Coffee (excl. Decaf) 250 g **59⁹⁹** each WITH RewardsCARD

Rhodes Baked Beans in Tomato Sauce 410 g **BUY 2 FOR 24⁰⁰**

Lucky Star Sardines Assorted 120 g **BUY ANY 2 FOR 40⁰⁰**

Royco Wet Cook-in-Sauce or Pasta Sauce 400 g / 415 g Assorted **41⁹⁹** each WITH RewardsCARD

Wellington's Tomato Sauce 700 ml Assorted **29⁹⁹** each

SPAR Instant Noodles 5s Assorted **18⁹⁹** per pack WITH RewardsCARD

Fatti's & Moni's Spaghetti or Macaroni 500 g **14⁹⁹** each WITH RewardsCARD

Fatti's & Moni's Pasta Screws, Shells Assorted or Spirals 500 g **21⁹⁹** each WITH RewardsCARD

Royco Dry Cook-in-Sauce 37 g / 38 g / 41 g / 42 g / 44 g / 48 g / 50 g / 54 g / 55 g Assorted **16⁹⁹** each WITH RewardsCARD

Breakfast Savings

SPAR Squillos CHOCOLATE FLAVOURED DRINK 500 g Assorted **59⁹⁹** each As good as the best for less

Goldcrest Pure Honey 225 g **34⁹⁹** each

Kellogg's Coco Pops Assorted, Froot Loops, Crunchers or Rice Krispies Assorted 340 g / 350 g **48⁹⁹** each

Jungle Oats 1 kg or Instant Oats Assorted 750 g **39⁹⁹** each WITH RewardsCARD

LOVE IT? SPAR GETS IT DELIVERED

Download now!

Specials only available at selected SUPERSPAR stores in the Eastern Cape from 8 January 2025 up to and including 20 January 2025 while stocks last. We reserve the right to limit quantities. Prices include VAT.

Put the **cool** into **school**

Back to School Savings

AS SEEN ON TV

22⁹⁹ each

SPAR Cold Meat Slices 200 g Assorted

Save R7 WITH Rewards CARD

As good as the best for less

AS SEEN ON TV

44⁹⁹ each

The Laughing Cow Dip & Crunch Full Fat Processed Cheese with Breadsticks 140 g

WITH Rewards CARD

AS SEEN ON TV

54⁹⁹ each

Clover Processed Cheese Slices 400 g Assorted

WITH Rewards CARD

AS SEEN ON TV

96⁹⁹ each

SPAR Pre-Packaged Cheese 700 g Assorted

WITH Rewards CARD

As good as the best for less

AS SEEN ON TV

15⁹⁹ per loaf

SPAR Bakery Sliced White Bread Toaster 700 g

WITH Rewards CARD

AS SEEN ON TV

17⁹⁹ each

Rama Spread for Bread 37% Fat Brick 500 g

WITH Rewards CARD

AS SEEN ON TV

39⁹⁹ each

Black Cat Peanut Butter (excl. Sugar Free) 400 g Assorted

Save R10 WITH Rewards CARD

AS SEEN ON TV

32⁹⁹ each

Rhodes Smooth Apricot or Mixed Fruit Jam 900 g

WITH Rewards CARD

AS SEEN ON TV

19⁹⁹ per pack

Staedtler Traditional HB Pencils 3s

WITH Rewards CARD

AS SEEN ON TV

19⁹⁹ per pack

Bic Clic Black, Blue or Red Medium Pens 2s

WITH Rewards CARD

AS SEEN ON TV

19⁹⁹ each

Marlin Mathematical Set 11 piece

WITH Rewards CARD

AS SEEN ON TV

39⁹⁹ per pack

Marlin Kids Retractable Crayons 12s

WITH Rewards CARD

AS SEEN ON TV

39⁹⁹ each

Pritt Glue Stick 43 g

WITH Rewards CARD

AS SEEN ON TV

74⁹⁹ each

Casio Pocket Calculator

WITH Rewards CARD

AS SEEN ON TV

59⁹⁹ each

Addis Square Lunch Box 1,15 litre

WITH Rewards CARD

AS SEEN ON TV

4⁹⁹ each

SPAR goodliving A4 College Exercise Book Feint & Margin 72 page

WITH Rewards CARD

AS SEEN ON TV

13⁴⁹ each

SPAR goodliving A4 Exam Pad 100 pages

WITH Rewards CARD

AS SEEN ON TV

16⁹⁹ each

SPAR goodliving A4 Counter Book 2 Quire Feint & Margin 192 pages

WITH Rewards CARD

AS SEEN ON TV

19⁹⁹ each

SPAR goodliving Pre-Cut Book Covers with 24 Piece Labels

As good as the best for less

WITH Rewards CARD

AS SEEN ON TV

23⁹⁹ each

SPAR goodliving A4 Soft Cover Display File 30 Page

WITH Rewards CARD

AS SEEN ON TV

75⁹⁹ per pack

Typek A4 Ram Paper 500 sheets

WITH Rewards CARD

SPAR Rewards deals available while stocks last.

Specials only available at selected SUPERSPAR stores in the Eastern Cape from 8 January 2025 up to and including 20 January 2025 while stocks last.

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It's not just

SPAR
Mini
Toilet Rolls
1 Ply
300 Sheets
18s

59⁹⁹
per pack

WITH **RewardsCARD**

As good as the best for less



It's so much more!



That's why
we **SHOP** at
SPAR

Homecare Essentials



Sunlight
Dishwashing
Liquid Refill
750 ml

24⁹⁹
each

Save **R5**
WITH **RewardsCARD**



Albex
Bleach
1,5 litre
Assorted

24⁹⁹
each



Pro Wash
Hand
Washing
Powder
2 kg
Assorted

52⁹⁹
each



Sta-Soft
Fabric Conditioner
Refill Pouch or
Doy Pack
500 ml
Assorted

27⁹⁹
each



Mortein
Target
Insect Killer
300 ml
Assorted

36⁹⁹
each



SPAR
Mini Toilet
Tissue Rolls
2 Ply
9s

36⁹⁹
per pack

WITH **RewardsCARD**



Sunlight
Laundry Bar
400 g / 500 g
Assorted

BUY
ANY
2
FOR
40⁰⁰



Energizer
AA or AAA
Max Batteries
4s

69⁹⁹
per pack



Kiwi
Shoe Polish
50 ml
Assorted

17⁹⁹
each



SPAR
goodliving
Shoe Brush
Assorted

9⁹⁹
each
WITH **RewardsCARD**

Pet Essentials



Bobtail
Dog Food
5,5 kg / 6,5 kg /
7 kg / 8 kg
Assorted

189⁹⁹
each



Husky
Canned
Dog Food
775 g
Assorted

29⁹⁹
each

WITH **RewardsCARD**



Catmor
Adult Cat Food
Pouches
70 g
Assorted

BUY
ANY
2
FOR
20⁰⁰

WITH **RewardsCARD**

LOVE IT? SPAR GETS IT DELIVERED **2U**



Download now!

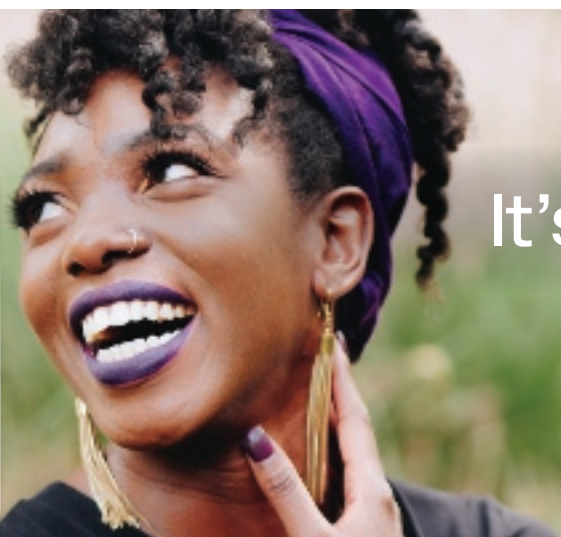


Specials only available at selected SUPERSPAR stores in the Eastern Cape from 8 January 2025 up to and including 20 January 2025 while stocks last. We reserve the right to limit quantities. Prices include VAT.

It's not just

Nivea
Body Lotion or Cream
400 ml
Assorted

59⁹⁹
each



It's so much more!



Family Favourites

Protex Soap
150 g / 175 g
Assorted

BUY ANY 2 FOR 26⁰⁰

WITH Rewards CARD

Yardley Body Spray for Men
125 ml
Assorted

42⁹⁹
each

Yardley Body Spray for Women
90 ml
Assorted

42⁹⁹
each

Ingram's Body Cream (incl. Tissue Oil 300 ml)
450 ml
Assorted

54⁹⁹
each

Twinsaver Facial Tissues
2 Ply or 3 Ply
120s / 180s
Assorted

29⁹⁹
per box

SPAR Petals Classic Pads
8s

5⁰⁰
per pack

As good as the best for less

Dove Roll-On for Men or Women
50 ml
Assorted

29⁹⁹
each

Aquafresh Herbal, Fresh & Minty Blue, Mild & Minty or Lemon Mint Toothpaste
100 ml

15⁹⁹
each

Baby Essentials

Huggies dry comfort diapers

Huggies Dry Comfort Value Pack Disposable Nappies Assorted

179⁹⁹
per pack

Purity Puree or Jar
110 ml / 125 ml
Assorted

BUY ANY 3 FOR 42⁰⁰

tiggles BABY WIPES 40 natural

Tiggles Baby Wipes 40s Assorted

24⁹⁹
per pack

WITH Rewards CARD

Nestlé Cerelac Baby Cereal with Milk
200 g
Assorted

32⁹⁹
each

SPAR Rewards
More for You



SIGN UP FOR MORE! MORE SAVINGS. MORE WINS. MORE FOR YOU.
SPAR Rewards deals available while stocks last.

Available at the following SUPERSPAR stores:

- PORT ELIZABETH SUPERSPARS: Bluewater Bay, Despatch, Gelvandale, Hunters Retreat, Mount Pleasant, Newton Park, Our, Summerbreezz, Sunridge, Waterfront
- EAST LONDON SUPERSPARS: Amalinda, Crossways, Debi Lee, Gonubie, Nahoon, Nick's Food Barea, Southernwood, Spargs Beacon Bay, Vincent
- KNYSNA SUPERSPAR: Knysna
- GEORGE SUPERSPARS: Heather Park and Outeniqua
- JEFFREY'S BAY SUPERSPAR: Jeffrey's Bay
- ST. FRANCIS BAY SUPERSPAR: Village Square
- PORT ALFRED SUPERSPAR: Rosehill
- PLETTENBERG BAY: Melville's
- UITENHAGE SUPERSPAR: Levyvale
- DE AAR SUPERSPAR: Rosepark
- QUEENSTOWN SUPERSPAR: Queenstown
- SEDGFIELD SUPERSPAR: Sedgfield
- CRADOCK SUPERSPAR: Tams
- GRAAF REINET SUPERSPAR: Spandau
- HUMANSDORP SUPERSPAR: Village On Main.

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Let's chat 0860 313 141

Say "hello" to get specials, store details, SPAR Rewards & more!
For more info: www.spar.co.za or Find us on [f /myspar](https://www.facebook.com/myspar)

SUPERSPAR

